



**“Blessed are those who Hunger and Thirst”
Week 4 in a 9-week Series**

Preached: March 16, 2025
Scripture: Matthew 5:5
Series: “The Beatitudes” – Week 4 of 9

SECTION 1 – GROWTH GROUP QUESTIONS

1. What do you hunger and thirst for in your daily life? Are they things that draw you closer to Jesus? Why or why not? If not, do you think you will be able to change that so that your life more closely follows Jesus?
2. What do you think is the difference between worldly hunger and thirst and spiritual hunger and thirst?
3. Righteousness is not simply about following a list of rules but about having a heart that aligns with God's character. How can we do that in our everyday life? Name one or two things you can do that will align your heart with God.
4. Think about how worldly pursuits often leave us unsatisfied, while seeking God's righteousness brings true fulfillment. What do you think it means to “be satisfied”?

SECTION 2 – PRAYER

Where do you need Jesus to meet you today as you are gathered together around God's Word? What are the things you hunger and thirst for? What would your life look like if you give up those things that are not of God? Ask for help in that area.

SECTION 3 – SPIRITUAL PRACTICE

Read Psalm 63:1-5 below. Where do you think this speaks into our hungering and thirsting for the Lord? How do we lean into this knowledge compared with Jesus' call for us to follow him when we hear the Psalmist's words? What can you do (even if just for this week) during this season of Lent to move from hungering and thirsting for what the world offers to hungering and thirsting for Jesus? Pick one thing and begin to practice this week.

O God, you are my God;

I earnestly search for you.

My soul thirsts for you;

my whole body longs for you

in this parched and weary land

where there is no water.

² I have seen you in your sanctuary

and gazed upon your power and glory.

³ Your unfailing love is better than life itself;

how I praise you!

⁴ I will praise you as long as I live,

lifting up my hands to you in prayer.

⁵ You satisfy me more than the richest feast.

I will praise you with songs of joy.

SECTION 4 – THINKING ABOUT MISSION

If the Sermon on the Mount is a playbook for how to live the Christian life, how can we begin to take these words of Jesus and actually live them? How do we embody Jesus as we interact with others based on the reading and study of the Beatitudes? With this specific beatitude in mind, pick one thing in your life today that you could give up to lead you on the path of righteousness toward a life with Jesus.

SECTION 5 – ADDITIONAL RESOURCES

In 2024, the Bible Project spent the entire year focused on the Sermon on the Mount. During our study and reflection, Keenan is identifying resources from them that can expand your perspective on the ins and outs of the words of Jesus. The following gives a picture of the kind of people God is forming.

<http://bibleproject.com/podcast/type-people-god-forming-beatitudes-pt-3/>

