

MOORPARK PRESBYTERIAN CHURCH

LENT SERIES STUDY GUIDE

Sermon Discussion Questions for [Ephesians 4:1-32](#)
5th Week [3/4/18]

1. Open your group time with a brief prayer, inviting God's Spirit to lead you.
2. Start by practicing what's called "Lectio Divina" (prayerful reading). Ask everyone to close their eyes while you read Ephesians 4:1-7, 11-16, 25-27, 29-32 out loud. Ask everyone to LISTEN for the words and phrases that speak to them.
3. Ask everyone to share what most spoke to them.
4. Focus on verses 2-3. Talk about what true humility, gentleness, patience & bearing with one another in love looks like and requires. What does it require to "make every effort to keep unity in the bond of peace?" How is this going for you—in all your relationships?
5. Focus on verse 7, 11-16. What is needed to know and express our own unique gifting in Jesus WHILE celebrating the unique gifting of all others? When does this get hard? How is this going in your life/at MPC? How is your movement into relationships of unity at MPC, and therefore into Christian maturity, going?
6. Focus on verses 25-27. What does putting off falsehood and speaking truthfully in love require? How is this going for you? How are you doing with being angry without sinning?
7. Focus on verses 29-32. How are you doing with letting NO "rotten speech" (that which rots relationships) come out of your mouth? How are you doing with only saying that which builds others up? How are you doing with getting rid of held resentments, explosive anger, gnawing hostility, unrestricted anger, vilifying others, expressing any intention to harm another—in attitude, thought or action? How are you doing with being kind, compassionate and forgiving?
8. Pray for one another related to all this passage calls us to and related to all you've shared.

For next week: Prayerfully live with Ephesians 5:1-2, 8-16 this next week so you can come to our next meeting ready to share what God has said to you through God's living Word.